



# U10/ U12 Provincial Program

## Program Overview

Tennis Alberta recognizes the importance of providing additional training opportunities for junior competitive players. Through working closely with key partners at the provincial and national levels, Tennis Alberta has developed a modified regrouping-based program, in an effort to provide additional training opportunities for developing players.

The purpose of the Provincial Player Support Program is to regroup the highest ranked U10 & U12 players in the province, to have them train together and develop overall game competencies. The program will provide a pathway for developing athletes to be identified faster and nurtured more effectively. The primary objective of the program is to increase the depth of competitive athletes within the province, create more meaningful competitive opportunities for players, involve local coaches who have a track record of working with performance level players and enhance inter-coach communication.

### **Provincial Program Player Selections**

Tennis Alberta technical staff shall select a maximum total of 32 players for Provincial Camp opportunities based on the following criteria:

1. 12 and under player selections shall be solely based on the National Bank under 12 rankings lists.
2. 10 and under player selections shall be primarily based on the National Bank under 12 ranking lists. In the case not all spots can be filled using the National Bank under 12 ranking lists, 10 and under player selections shall be based on the under 10 leaderboards.

Player selections shall be made **eight weeks** prior to the commencement of each Provincial Camp as follows:

- 8 x under 10 male players
- 8 x under 10 female players
- 8 x under 12 male players
- 8 x under 12 female players

**Invitations shall be extended to players' parents/guardians to share with their coaching teams following the selection process.**

### **Inter Provincial Camp Opportunity and Player Selections**

Tennis Alberta shall explore options to offer Inter-Provincial Match Play Camp opportunities versus other teams.

Details of these opportunities shall be made available at a date TBD. Tennis Alberta shall select a **maximum total** of 16 players for these opportunities based on the following criteria:

1. 12 and under player selections shall be solely based on the National Bank under 12 rankings lists.
2. 10 and under player selections shall be primarily based on the National Bank under 12 ranking lists. In the case not all spots can be filled using the National Bank under 12 ranking lists, 10 and under player selections shall be based on the under 10 leaderboards.

Player selections shall be made **eight weeks** prior to the commencement of each Inter Provincial Camp as follows:

- 4 x under 10 male players
- 4 x under 10 female players
- 4 x under 12 male players
- 4 x under 12 female players

**Invitations shall be extended to players' parents/guardians to share with their coaching teams following the selection process.**

### Age eligibility

**Players selected to participate in all under 10 camps must be born in the year 2014 or later.**

**Players selected to participate in all under 12 camps must be born in the year 2012 or later.**

### Provincial Camp Structure

Provincial Camps shall be day-long camps delivered at Tennis Alberta member club locations in Calgary and Edmonton. Camps will be led by local coaches who have a track record of working with performance level players. A variety of on/off court tennis activities will be planned within each Provincial Camp. This will supplement the volume of training and information provided by the athlete's home training environment.

Inter-Provincial Camps may be offered/delivered in Alberta or another Province.

### A sample of content which may be offered at Provincial Camps shall be as follows:

1. Physical Training - Coordination and Motor Skill Development
2. Tactical Training
3. Practice Matches (Singles and Doubles)
4. Off Court Information Sessions (Nutrition, Sport Psychology, Rules of the Game & Tennis Ethics)
5. Parent Information Sessions- Key information relating to competition scheduling, developmental priorities, and what to expect as a tennis parent

## Tennis Alberta U10/ U12 Provincial Program

DATE	EVENT	LOCATION	PLAYER CONTRIBUTION	ELIGIBILITY
September 29 – October 1, 2023	U10/U12 Inter Provincial Match Camp	TBD	\$240 Player Registration Fee	16 players as per player selection criteria outlined
Oct 7-8, 2023	U10/ U12 Provincial Camp	Saville Community Sports Centre, Edmonton	\$140 Player Registration Fee	32 players selected by as per player selection outlined
April 19-21, 2024	U10/U12 Inter Provincial Match Camp	Kamloops, BC	\$240 Player Registration Fee	16 players selected by as per player selection outlined
May 4-5, 2024	U10/U12 Provincial Camp	Calgary, AB Venue TBC	\$140 Player Registration Fee	32 players selected by as per player selection outlined

Should there be any questions pertaining to Tennis Alberta's Under 10/12 Provincial Program, please do not hesitate to contact [info@tennisalberta.com](mailto:info@tennisalberta.com)